Next Generation Water: Targeting Net Zero on a Healthcare Campus

Midwest Healthcare Engineering Conference October 28, 2016

Shayda Bradley, IU Health Mara Baum, HOK Fred Betz, Affiliated Engineers

Speakers



Shayda Bradley, Executive Director, Design & Construction, IUH





Mara Baum, Healthcare Sustainable Design Leader, HOK

Fred Betz, Building Performance Consultant, AEI







IU Health Facilities



IU Health System-Wide Utility Costs

• Total utility cost: \$55 M/yr (energy, water, sewer)

IU HEALTH SUSTAINABILITY

• Water and Sewer: \$4.8 M/yr (8.7%)





Rising Cost of Water in the US

Long-term Trends in Consumer Prices (CPI) for Utilities (1983=100)





Water Rate Increases

- Average 8% increase per year in our region (6-9% national average)
- Bloomington 22% increase in the last year



External Risks: Aging Infrastructure

- Increased likelihood of systemic leaks
- Increased maintenance costs



Aging pipe infrastructure (Maryland)









IU Health Energy Conservation Programs

- \$93 million over 10 years for energy conservation
- Projects will yield a 25% with an internal rate of return in less than 2.5 years with guaranteed returns for 11 years









Can a Healthcare Campus be Net Zero for Water?











Case Study: IU Health Bloomington (preliminary site plan)



























Case Study: Draft Program and Typical "Baseline" Water Use

BUILDING TYPE	GSF	WUI gal/sf/yr	H20 DEMAND gal/yr	WASTEWATER gal/yr
Inpatient	260,000	40	10.4 M	7.7 M
Outpatient	342,000	30	10.3 M	7.1 M
Academic	110,000	25	2.8 M	1.6 M
TOTAL	712,000	33	23.4 M	16.4M







Typical "Baseline" Campus

- H2O demand 23.4 M gpy
- Wastewater generation 16.4 M gpy



Wastewater







Discussion of key water end uses

- 1. Lawn reduce size, plant selection, irrigation system
- 2. Energy efficiency building orientation, massing, envelope, plug, lighting
- 3. Plumbing low flow fixtures
- 4. Equipment 80% efficient RO, closed loop cooling, ozone laundry, kitchen
- 5. HVAC heat recovery chiller





System upgrade opportunities: irrigation

Existing campus with improved lawn WCM

- H2O demand 21.6M gpy
- Wastewater generation 16.4 M gpy





Water Conservation Measures (WCM)







System upgrade opportunities: energy efficiency

Plus energy efficiency

- H2O demand 20.6 gpy
- Wastewater generation 16.0 M gpy



Water Conservation Measures (WCM)





System upgrade opportunities: plumbing

Efficient fixtures

- H2O demand 16.6 M gpy
- Wastewater generation 12.4 M gpy





Water Conservation Measures (WCM)





System upgrade opportunities: equipment

More efficient equipment

- H2O demand 12.5 M gpy ullet
- Wastewater generation 8.9 M gpy •





Water Conservation Measures (WCM)







System upgrade opportunities: cooling

More efficient equipment

- H2O demand 11.7 M gpy
- Wastewater generation 8.7 M gpy







Rethink

Reduce



Recycle



Municipal Reclaimed Water

- Mechanical
- Irrigation (subsurface)
- Toilet flushing in noninpatient facilities
- Not inside inpatient facilities (today)







Rainwater Use for Irrigation



Eskenazi Hospital Main Campus: 100% of irrigation from rainwater





Blackwater Reuse Requirements

• On-site treatment for large buildings >250,000 square feet



San Francisco Public Safety Building – reclaimed shower water for irrigation







Potential Water Sources for Buildings



0 1⁺K



0 h⁺K





Matching Water Demand and Sources: More Flexible





0

Providing for Today's Definition of "Potable Need"



Providing for Today's Definition of "Potable Need"

Option 1 *Potable = city only* Option 2

Potable = AHU condensate and rain water

Import: 1.6 M gpy

Export: 8.2 M gpy

Import: 0 gpy Export: 6.7 M gpy

Net: Export: 6.7 M gpy

Net: Export: 6.7 M gpy



Next steps at IU Health Bloomington medical campus







ASHRAE 191P

- ASHRAE 191P Standard for the Efficient Use of Water in Building Mechanical Systems
- Goal is to set a minimum standard for water performance similar to ASHRAE 90.1 for energy and ASHRAE 62.1 for air quality.

IU HEALTH SUSTAINABILITY

• <u>http://spc191.ashraepcs.org/index.html</u>





To Conclude

Technology: all available today

Magnitude of impact is huge

Reduction can get you really, really far

Use: Address potable vs. non-potable differently

Today's regulatory limitations are real but may be temporary barriers





